

## **Waukesha Food Pantry**

### Preferred Food Items

- Canned fruit
- Canned protein (tuna, chicken, ham, Spam)
- Canned vegetables
- Cereal
- Boxed meals/macaroni & cheese/starch sides
- Pasta and sauces
- Peanut butter and jelly
- Soup
- Cooking oil

### Special Diet Program

- Low-sodium soups
- No- or low-sugar items
- Powdered sugar free drink mixes
- Fruit packed in water or its own juice
- Soy or rice milk

### Infant and Toddler Needs

- Formula (regular and soy-based), especially Good Start® formula
- Stages 1, 2, and 3 baby food
- Diapers (particularly size 3 or larger)
- Baby powder and diaper rash cream
- Baby wipes