

# WHEN LIFE **HURTS**

**“People can never predict when hard times might come. Like fish in a net or birds in a trap, people are caught by sudden tragedy.”**

Ecclesiastes 9:12 (NLT)

What we **need** when life hurts -

**Hope** - \_\_\_\_\_ of God

God gives us His “great and precious” promises so we can get through what we are going through!  
(2 Peter 1:3-4)

**Help** - \_\_\_\_\_ from God

**2 Corinthians 12:9**

**“My grace is \_\_\_\_\_ for you”**

‘more than enough’ !

## How to experience this Grace from God

➤ \_\_\_\_\_

*“God saved you by his grace when you believed. And you can’t take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it.”*

Ephesians 2:8-9 (NLT)

➤ \_\_\_\_\_

*“And God’s peace, which is so great we cannot understand it, will keep your hearts and minds in Christ Jesus.”*

Philippians 4:7 (NCV)

➤ \_\_\_\_\_

**When God wants something done in this world, He \_\_\_\_\_ in doing it.**

When **My Life Hurts** . . .

**1<sup>st</sup>** Cry out to God.

**2<sup>nd</sup>** Open yourself up \_\_\_\_\_.

*“Help carry each other’s burdens. In this way you will follow Christ’s teachings.”* Galatians 6:2 (GW)

*“Don’t stop meeting together with other believers, which some people have gotten into the habit of doing. Instead, encourage each other.”*

Hebrews 10:25 (CEB)

**We all need a group:**

**our place where grace can flow \_\_\_\_\_  
and grace can flow \_\_\_\_\_.**