

# It starts with *me*

## The \_\_\_\_\_ Effect!

### Series Maxim:

\_\_\_\_\_ can produce \_\_\_\_\_.

## The Power of \_\_\_\_\_

Kardia:

Usage – inner self, \_\_\_\_\_, \_\_\_\_\_, will, intentions

### Renew your \_\_\_\_\_.

- The initial change –

*“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”*

II Corinthians 5:17

- The ongoing change –

*“Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.”*

II Corinthians 4:16

### Guard your \_\_\_\_\_.

*“Above all else, guard your heart, for everything you do flows from it.”*

Proverbs 4:23

Guard both what you \_\_\_\_\_ and what you \_\_\_\_\_.

*“We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”*

II Corinthians 10:5

Take Captive = \_\_\_\_\_

Capturing thoughts requires \_\_\_\_\_.

### Strengthen your \_\_\_\_\_.

*“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.”*

Ephesians 3:20

### Essential Questions:

- What has God placed in your heart?
- Are you willing to trust God with your thoughts?
- What is your next step? \_\_\_\_\_