- 1. How did you do this past week with being thankful?
- 2. What can you do this week to be more thankful?
- 3. What 'style of clothes' did you wear in the past that you would be embarrassed to wear now?

"Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. When Christ, who is your life, appears, then you also will appear with him in glory." - Colossians 3:1-4 (NIV)

- 4. When we become a Christian, we die to our old life and are raised to a new life in Christ. How does this perspective help you in life?
- 5. We are told to 'set your minds on things above, not on earthly things', what does this mean to you?
- 6. What helps you to set your mind on things above?

"Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. Because of these, the wrath of God is coming. You used to walk in these ways, in the life you once lived. But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. Do not lie to each other, since you have taken off your old self with its practices." - Colossians 3:5-9 (NIV)

- 7. Why are sexual immorality, impurity, lust, evil desires and greed, anger, rage, malice, slander, filthy language and lying so harmful for us?
- 8. How are they harmful to building God's kingdom and His purposes?
- 9. The Apostle Paul is telling Christians to put to death these things. Why do we as Christians still struggle with sin?
- 10. What part of your sinful nature do you struggle to put to death?
- 11. How do you 'put to death' these things that are a part of our earthly nature?
- 12. How does setting our hearts and minds on things above help us to put to death our earthly nature?
- 13. What are some ways that you have found to set your heart and mind on things above?

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity." - Colossians 3:12-14 (NIV)

- 14. Which one of these (compassion, kindness, humility, gentleness, patience, bearing one another, forgiving, love) is hardest for you?
- 15. Why is it important to 'put on' or 'clothe yourself' with these positive character traits when you take off a negative one?
- 16. What's one thing you can do this week to put off a sinful behavior and put on a Christ-like trait?
- 17. How does Christ's forgiveness help you to do this?
- 18. How does love bind all of the Christ-like traits together in your life?
- 19. Where do you tend to put yourself over Jesus in life?
- 20. How might putting Jesus over everything in your life change you?

Pray for each other as you put off sin and put on Christ's character.

Read Colossians 3 this week.