



Sadness is the New Happiness



“Blessed are those who mourn, for they will be comforted.”

Matthew 5:4

Pentheō – (deepest sorrow) Sorrow of heart that can be seen outwardly

Example: Luke 7:36-50

2 Sources for Deep Sorrow

1. My Sin

“But the trouble is that your sins have cut you off from God. Because of sin he has turned his face away from you and will not listen anymore.”

Isaiah 59:2 (TLB)

Two responses to sin

- To agree with God about it
- To callous ourselves to it.

“But encourage one another daily, as long as it is called “Today,” so that none of you may be hardened by sin’s deceitfulness.”

Hebrews 3:13

“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

1 John 1:9

Confess – (homo logia) agree with God...

Jesus didn't hang on the cross for sin in general; but for sins connected to names, dates, and consequences.

"Happy are those whose sins are forgiven, whose wrongs are pardoned." Psalms 32:1 (TEV)

2. That which breaks our heart

What breaks your heart?

What breaks God's heart?

What moves you to tears and to action?

...they shall be comforted

Take Action

1. Download
2. Take a step – to make a difference



"Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." Psalms 139:23-24

Further Discussion:

1. Who do you identify more with in Luke 7:36-50?
2. What breaks your heart?
3. How can you make a difference?
4. What is the difference between just confessing a sin and agreeing with God about it?