



*"But the meek will inherit the land and enjoy peace and prosperity."*

Psalm 37:11

**Meekness is not weakness.**

*"Blessed are the meek, for they will inherit the earth."*

Matthew 5:5

**Meekness is strength, under control.**

**Meekness is surrendering our strength to God, trusting Him and choosing to be gentle.**

*"Jesus replied, "Do what you came for, friend." Then the men stepped forward, seized Jesus and arrested him. With that, one of Jesus' companions reached for his sword, drew it out and struck the servant of the high priest, cutting off his ear. "Put your sword back in its place," Jesus said to him, "for all who draw the sword will die by the sword. Do you think I cannot call on my Father, and he will at once put at my disposal more than twelve legions of angels?"*

Matthew 26:50-53

**Jesus was on a mission with God.**

It's your choice to fight **with** your family or **for** your family,

It's your choice to defend a friend.

It's your choice to love gently like Jesus.

*"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

Matthew 11:28-30

**Discussion Questions:**

1. What is Biblical meekness?
2. Who is someone in your life that you have known to be meek? Tell someone about that person this week. If possible, thank that person for being an example of Christ in their gentleness towards you.
3. What is one area of your life where God is leading you to follow Jesus more (as it relates to meekness)?