

# DEALING WITH DISAPPOINTMENT

**Disappointment occurs  
when someone has not lived up to what we expected from them.**

True story of Job & Disappointment with God  
Very Blessed to Very Broken Life

*"After this, Job opened his mouth and cursed the day of his birth."* Job 3:1

*"Why did I not perish at birth, and die as I came from the womb?"* Job 3:11

*"What I feared has come upon me; what I dreaded has happened to me. I have no peace, no quietness; I have no rest, but only turmoil."* Job 3:25-26

**Insight:  
Disappointment is always connected to expectations**

*"Hope deferred makes the heart sick,"* Proverbs 13:12

## Expectations:

? are they realistic ?

? are they expressed ?

What to do when feeling disappointed by God?

**1<sup>st</sup> Empathy**

**2<sup>nd</sup> Pray**

**3<sup>rd</sup> Expectations**

- What is my expectation of God?
- What should Be my expectation of living in a sin infected & broken world?

*"You will have suffering in this world."*

John 16:33

#### **4<sup>th</sup> Perspective**

- I am loved by God

*“But God proves His own love for us in that while we were still sinners, Christ died for us!”*  
Romans 5:8 (HCSB)

- God will give you grace for your “weakness”.

*“Three times I pleaded with the Lord to take it away from me. <sup>9</sup> But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.”*

2 Corinthians 12:8-9a

- God can work through “all things”

*“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”*

Romans 8:28

- Jesus Is Risen!

#### **5<sup>th</sup> Process with Others**

##### **Job’s Perspective:**

*“Will the one who contends with the Almighty correct him? Let him who accuses God answer him! ’Then Job answered the LORD:*

*‘I am unworthy—how can I reply to you? I put my hand over my mouth.*

*I spoke once, but I have no answer— twice, but I will say no more.’ Then the LORD spoke to Job out of the storm:*

*‘Brace yourself like a man; I will question you, and you shall answer me. ‘Would you discredit my justice? Would you condemn me to justify yourself?’*  
Job 40:1-8

##### **Job never finds out why...but connects to who!**

##### **Job never finds out why...**

*“The LORD our God has secrets known to no one. We are not accountable for them, but we are accountable for all that he has revealed to us,”*  
Deuteronomy 29:29 (NLT)

*“For my thoughts are not your thoughts, neither are your ways my ways,’ declares the LORD. ‘As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.’”*  
Isaiah 55:8-9

##### **Don’t mistake God’s allowing with Gods desiring.**

##### **Don’t mistake God’s silence with God’s absence.**

*“And be sure of this: I am with you always,”*  
Matthew 28:20b(NLT)

*“I will never fail you. I never will forsake you.”*  
Hebrews 13:5b