- 1. Disappointment is always connected to expectations.
- 2. What expectations do you have for your life?
- 3. What expectations do you have of others?
- 4. What expectations do you have of God?
- 5. What happens when you have expectations that are not realistic?
- 6. What happens when you have expectations that you don't communicate?

Proverbs 13:12 - Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.

- 7. What is your 'GO TO' response when expectations or 'hopes' are not fulfilled?
- 8. When have you been disappointed with God?

In the Bible we see the account of Job. Job lost his wealth, his family, his health, and his relationships.

- 9. How do you think Job felt after experiencing such tremendous loss?
- 10. How do you think that Job felt about God after experiencing such loss?

We read some of Job's response in the following verses:

- "After this, Job opened his mouth and cursed the day of his birth." Job 3:1
- "Why did I not perish at birth, and die as I came from the womb?" Job 3:11
- "'What I feared has come upon me; what I dreaded has happened to me. I have no peace, no quietness; I have no rest, but only turmoil." Job 3:25-26
- 11. How do you think that God felt about Job's situation?
- 12. What should we expect to happen in our lives, living in a sin infected, broken world?
- 13. How do you think that God feels about this sinful, broken world?
- 14. How can empathy help us when we are disappointed with God?
- 15. How can prayer help us when we are disappointed with God?
- 16. How can being aware of our expectations help us in dealing with disappointment with God?

John 16:33 - "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

17. What are some troubles you've experienced in this world?

- Romans 5:8 But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.
- 2 Corinthians 12:8-9 Three times I pleaded with the Lord to take it away from me. ⁹ But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."
- Romans 8:28 And we know that in all things God works for the good of those who love him, who^{III} have been called according to his purpose.
- 18. How does the truth of these verses and God's love for you help when facing disappointment with God?
- 19. Job never finds out why he was experiencing such terrible loss, hurt and suffering, but even while wondering why he was going through it all, he chooses to connect with God. How can connecting with God help you when experiencing disappointment?

2 Helps Don't mistake God's allowing with God's desiring. Don't mistake God's silence with God's absence.

"And be sure of this: I am with you always," - Matthew 28:20b(NLT)

"I will never fail you. I never will forsake you." - Hebrews 13:5b

20. How can learning God's promises for you help when you are experiencing disappointment?