

KNOCK KNOCK KNOCK

Adam made love to his wife Eve, and she became pregnant and gave birth to Cain. She said, With the help of the Lord I have brought forth a man. Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil. In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. And Abel also brought an offering—fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering, but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast. Then the Lord said to Cain, Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it. Now Cain said to his brother Abel, Let's go out to the field. While they were in the field, Cain attacked his brother Abel and killed him.

Genesis 4:1-8

FACT: 68% of Christian men view pornography

FACT: 87% of Christian women have watched pornography at least once

FACT: 94% of children are exposed to porn before the age of 14

FACT: God has grace for you.

Matthew 5

You have heard that it was said, You shall not commit adultery. But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you

to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

Matthew 5: 27-30

Gospel: God saves those who believe/trust in Him

ONE: Sexual sin is that serious!

TWO: We are able to do whatever it takes; we are able to rule over sin.

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Romans 5:8

For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes.

Proverbs 24:16

And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

Ephesians 1:13-14

THREE: There is a cost when it comes to following Jesus.

Gehenna

Spend many minutes with Jesus

Desperately depend on the Holy Spirit

Follow Him (at all costs)

Put plans into place

Connect within Christian community (Celebrate Recovery, CONQUER, Counseling)

Confess

You can't go back, but you can start today.