



The GIGO principle: GARBAGE IN, GARBAGE OUT

Matthew 15

Then some Pharisees and teachers of the law came to Jesus from Jerusalem and asked, Why do your disciples break the tradition of the elders? They don't wash their hands before they eat!

Matthew 15:1-2

Jesus called the crowd to him and said, Listen and understand. What goes into someone's mouth does not defile them, but what comes out of their mouth, that is what defiles them.

Matthew 15:10-11

Peter said, Explain the parable to us. Are you still so dull? Jesus asked them. Don't you see that whatever enters the mouth goes into the stomach and then out of the body? But the things that come out of a person's mouth come from the heart, and these defile them. For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander. These are what defile a person; but eating with unwashed hands does not defile them.

Matthew 15: 15-20

Above all else, guard your heart, for everything you do flows from it.

Proverbs 4:23

You never win when you entertain sin.

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:8

Guard your heart.

MORE JESUS

Discussion Questions

1. How have you guarded your heart in the past?
2. What are some new ways that God is leading you to guard your heart?
3. What is the wisest way to figure out what's ok to watch or listen to?... How do you know what's not ok?
4. Who are the people in your life (e.g. children, friends, etc) that God has given you opportunity to help in guarding their hearts?