



Need help?

23 and Me Maxim:
2 Parts Required

Jesus speaks about the Holy Spirit and us.

If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.

But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

John 14:15-17, 26

When the Advocate comes, whom I will send to you from the Father—the Spirit of truth who goes out from the Father—he will testify about me.

John 15:26

But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you.

John 16:7

“Parakletos” – One who comes along side to help/assist

“Allon” (another) – another of the same kind

4 Areas of Help

1. **Conviction/awareness of sin**

And when he has come he will convince the world of its sin, and of the availability of God's goodness, and of deliverance from judgment.

John 16:8(TLB)

- You can't receive Jesus without awareness of sin
- You can't grow and follow Jesus without awareness of sin

2. **Illumination – opening our understanding**

But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

John 14:26

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right.

2 Timothy 3:16(NLT)

3. **Spiritual Gift**

A spiritual gift is given to each of us so we can help each other.

1 Corinthians 12:7 (NLT)

4. **Prayer**

And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.

Romans 8:26(NLT)

God's Part
Indwell

Our Part
"being filled"
"do not grieve"

Don't be drunk with wine because that will ruin your life. Instead, be filled with the Holy Spirit,

Ephesians 5:18

And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Ephesians 4:30

The Holy Spirit is our guide for growth and following Jesus

For Discussion:

1. Were you aware of the Holy Spirit being in you? When and how did you become?
2. Do you know your spiritual gift?
3. Which area of help from the Holy Spirit are you most aware?
4. Which area do you need the Holy Spirit's help currently?