



Gethsemane - Olive Press or Crushing

Jesus at Gethsemane -

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will." Then he returned to his disciples and found them sleeping. "Couldn't you men keep watch with me for one hour?" he asked Peter. "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak." He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done." When he came back, he again found them sleeping, because their eyes were heavy. So he left them and went away once more and prayed the third time, saying the same thing. Then he returned to the disciples and said to them, "Are you still sleeping and resting? Look, the hour has come, and the Son of Man is delivered into the hands of sinners. Rise! Let us go! Here comes my betrayer!"

Matthew 26:36-46

"Sorrowful" - lypeistai - deep grief

"Troubled" - ademonei - deep stress

"Overwhelmed" - perilupos - deep depression

- What a blasphemous affront to God to think that sin does not matter!
- What an outrage to imagine that we are good enough for God to accept us!
- What a cosmic affront to hold that there is any way apart from Jesus!
- What a slur to say that God does not care about us!

3 Additional Insights:

1. "And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground." Luke 22:44
2. "An angel from heaven appeared to him and strengthened him." Luke 22:43
3. "Jesus, knowing all that was going to happen to him, went out and asked them, "Who is it you want?" "Jesus of Nazareth," they replied. "I am he," Jesus said. (And Judas the traitor was standing there with them.) When Jesus said, "I am he," they drew back and fell to the ground." John 18:4-6

Our Gethsemane - What is 'our cup'?

That thing in my life that makes it difficult for me to trust God or to believe God is good.

5 Christ-Like Actions

1. Don't go through it alone
2. Pray First
3. Cry out 'Abba, Father'

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God." John 1:12

4. Remember 'Jesus is with you'

"And surely I am with you always, to the very end of the age." Matthew 28:20

5. Trust

Look to Easter

Bottom Line

Gethsemane is never easy, it is life changing.

Pastor **Guy**
Topic: **Gethsemane**

Bible Passage: Matthew 26:36-46

MESSAGE NOTES



NOTES

Our Gethsemane- That thing in my life that makes it difficult for me to trust God or to believe God is good.

5 Christ-Like Actions

1. Don't go through it alone
2. Pray First
3. Cry out "Abba, Father"
4. Remember, Jesus is with you
5. Trust- Look to Easter

Bottom line- Gethsemane is never easy, it is life changing.

PRAYER

Holy Spirit, how are you speaking to me today?

TAKE ACTION

Gather- Together in community each weekend.

Grow- Through faith building conversations with friends.

Give- Generously so that others will know Jesus.

Go- Share the light of Jesus with a friend.

PRAYER TEAM

Let the Fox River Prayer Team know how we can pray for you. Submit a Prayer Request to foxriver.cc/prayer, text 262-442-3535.

YouVersion Bible App

Youversion.com



Download the app to incorporate the Verse of The Day & a Daily Guided Prayer Experience. Don't miss out on the Kids Experience too! Designed for the whole family!

Child DEDICATION



A public declaration of a parent's commitment to raise their children with the knowledge of Jesus. Attend a brief meeting to learn more and choose a date that works best for your family. Meetings happen after every service April 20 & 21.

MIDDLE & HIGH SCHOOL *Students*



Check out Student Nites happening every Wednesday evening at the South Waukesha Campus! foxriver.cc/students

FoxRiver Kids



All Kids Birth-5th grade are invited to come have some fun & learn about Jesus! Fox River Kids classes happen during weekend service times at all campuses.

Family Serve



Join a serve team to impact & deepen the faith of future generations! Opportunities available at all campuses! foxriver.cc

re|engage



A discipleship based enrichment program for every marriage- the healthy, the struggling, & the broken. Childcare is available. Tuesdays 6:30p at the South Waukesha Campus.

mom *time*



A weekly gathering for moms to take a break, grow together & feel renewed. Paid childcare is available. Tuesday morning & Wednesday evening sessions offered at the South Waukesha Campus. foxriver.cc/momtime

EGGAPALOOZA

March 16 & 17 INVITE A FRIEND!
[@foxriver.cc/action](http://foxriver.cc/action)



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2024 LIVING OUT FAITH AS A FAMILY