

Crazy Busy Lives & Families – Week 2 – 9-15-24 – Pastor Bill

1. Have you ever flown on an airplane? If so, where have you flown? If not, would you like to?
2. Why do you think that flight attendants tell you to put on your mask first in the event of an emergency with an airplane?
3. What other areas of life might this principle apply of taking care of yourself first?
4. How does busyness impact how you make decisions?

Ephesians 5:21-33 - ²¹ Submit to one another out of reverence for Christ. ²² Wives, submit yourselves to your own husbands as you do to the Lord. ²³ For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. ²⁴ Now as the church submits to Christ, so also wives should submit to their husbands in everything. ²⁵ Husbands, love your wives, just as Christ loved the church and gave himself up for her ²⁶ to make her holy, cleansing her by the washing with water through the word, ²⁷ and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. ²⁸ In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ²⁹ After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church— ³⁰ for we are members of his body. ³¹ “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” ³² This is a profound mystery—but I am talking about Christ and the church. ³³ However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

5. What stands out to you the most from these verses?
6. What does it look like for two people to submit to one another?
7. How do you think that submitting to one another would help a marriage?
8. What are your thoughts about verse 23?
9. Knowing that marriage is a picture of Christ and the church, what do you think it looks like for a wife to submit to her husband?
10. What does it look like for a husband to love his wife as Christ loves the church?
11. Pastor Bill mentioned that, if we are married, we have the opportunity to help our spouse become holy and ready to meet Jesus. What are your thoughts about that?

Proverbs 4:23 - Above all else, guard your heart, for everything you do flows from it.

12. Have you ever tried to help someone when you were not in a healthy place yourself? How did that go?
13. How can you take care of yourself spiritually so that you can help others spiritually?
14. In what area of your spiritual life would you benefit by being healthier?
15. Pastor Bill mentioned two areas, prayer and bible reading, that are so important to helping us know God. Which one do you do the best at?
16. What can you do this week to become healthier in your weaker area?
17. If you are married, what questions could you ask your spouse to help improve your relationship?