

Pastor: **Guy**

MESSAGE NOTES

Topic: **The Benefit of Doubt**

Bible Passage: John 20:19-20,24-28, 29-31

THE  
BENEFIT  
OF  
DOUBT

### NOTES

Doubt is the path to deeper faith

### 3 Main Points

Blessed are those who have not seen and have believed.

Thomas is a person of great faith, and still struggled with doubt.

Thomas responds, "My Lord and My God."

### TAKE ACTION

How will I incorporate prayer in my life?

**Gather-** Join a group - [foxriver.cc/groups](http://foxriver.cc/groups)

**Grow-** Begin a Daily Rhythm of Bible Reading & Prayer- [Youversion.com](http://Youversion.com)

**Give-** Ask God, *How can I honor you in the giving of my time & finances.*

**Go-** I will pray by name for \_\_\_\_\_ to come to know Jesus.

## BIBLICAL COUNSELING



A safe & confidential place to navigate life's struggles more effectively with a Biblical perspective. Counseling is free & available to all. Set up a consult by emailing [biblicalcounseling@foxriverchristian.org](mailto:biblicalcounseling@foxriverchristian.org)

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FOX RIVER  
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GATHER  
GROW  
GIVE  
GO



# THE BENEFIT OF DOUBT

*I pray that you will begin to understand how incredibly great his power is to help those who believe him. It is that same mighty power that raised Christ from the dead.*

*Ephesians 1:19-20 TLB*

## **“My Lord and My God”**

*On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, “Peace be with you!” After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.*

*John 20:19-20*

*Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. So the other disciples told him, “We have seen the Lord!” But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”*

*John 20:24-25*

*A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, “Peace be with you!” Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.”*

*Thomas said to him, “My Lord and my God!”*

*John 20:26-28*

- Is God real?

- Does science contradict God?
- Is Jesus who He says He is?
- Is God good? Love me?
- Is the Bible true/reliable?

Doubt is the path to deeper faith

It is better to doubt out loud than to struggle in silence

Thomas is a person of great faith; and still struggled with doubt!

“My Lord and My God”

*Blessed are those who have not seen and yet have believed.*

*John 20:29b*

Why did the Apostle John share this?

*Jesus performed many other signs in the presence of his disciples, which are not recorded in this book. But these are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.*

*John 20:30-31*

“Believe” – 100 times in John’s gospel

*The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.”*

*1 Corinthians 11:23-25*

*For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.*

*John 3:16*